

# Your guide to 'round-the-clock' healthcare and support

NHS Lothian works 'round-the-clock' to make sure you have access to healthcare whenever you need it. Our aim is to make sure you receive the **right care** in the **right place** at the **right time**.

## GP surgeries

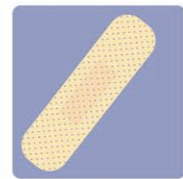


All routine health matters are attended to by your own GP surgery



Monday to Friday  
**8am to 6pm**  
*Excluding public holidays*

## Over 100 community pharmacies in Edinburgh providing....



- Information on your illness
- A place to ask questions about your medication
- Information on staying healthy
- The NHS Minor Ailments Service – for people who don't pay prescription charges
- Links to support



**08454 24 24 24**  
TEXTPHONE USERS:  
**18001 08454 24 24 24**



If your GP surgery is closed and you are too ill to wait until it re-opens, phone NHS on **08454 24 24 24**



Every night  
**6pm to 8am**

*Plus weekends and public holidays*



## NHS Helpline provides health information and advice

by phone **0800 22 44 88**

by email – go to **nhs24.com**

by website **nhs24.com**

Help and advice from a range of health professionals such as:

- a nurse
- a pharmacy advisor
- a dental nurse
- a health information advisor

All phone calls to NHS Helpline are private and confidential

NHS Helpline's health information service provides advice and information on how you can look after your health



**0800 22 44 88**

**nhs24.com**



Click here to find reliable health information online

## The Minor Injuries Clinic Western General Hospital

Open seven days a week – 6am to 9pm  
No appointment necessary

**0131 537 1330**

Treatment for a wide range of injuries:



cuts & burns

infections

sprains & stings

small fractures

X-rays for patients 12 years and over

tetanus vaccinations • antibiotics

physiotherapy referral

advice and health promotion

## A&E

for emergencies only



In the case of a life-threatening condition you should call **999**

A&E for under 13 – Royal Hospital for Sick Children  
St John's Hospital at Livingston

A&E 13 and over – Royal Infirmary of Edinburgh  
St John's Hospital at Livingston